

Dental Anxiety Scale

- $1. \ \ \text{If you went to your Dentist for treatment tomorrow, how would you feel?}$
 - Not Anxious Slightly Anxious Fairly Anxious Extremely Anxious
- 2. If you were sitting in the waiting room (for treatment) how would you feel?
 - Not Anxious Slightly Anxious Fairly Anxious Extremely Anxious
- 3. If you were about to have a tooth drilled, how would you feel?
 - Not Anxious Slightly Anxious Fairly Anxious Extremely Anxious
- 4. If you were about to have your teeth scaled and polished, how would you feel?
 - Not Anxious Slightly Anxious Fairly Anxious Extremely Anxious
- 5. If you were about to have a local anesthetic injection in your gums about your upper back tooth, how would you feel?

Not Anxious Slightly Anxious Fairly Anxious Extremely Anxious